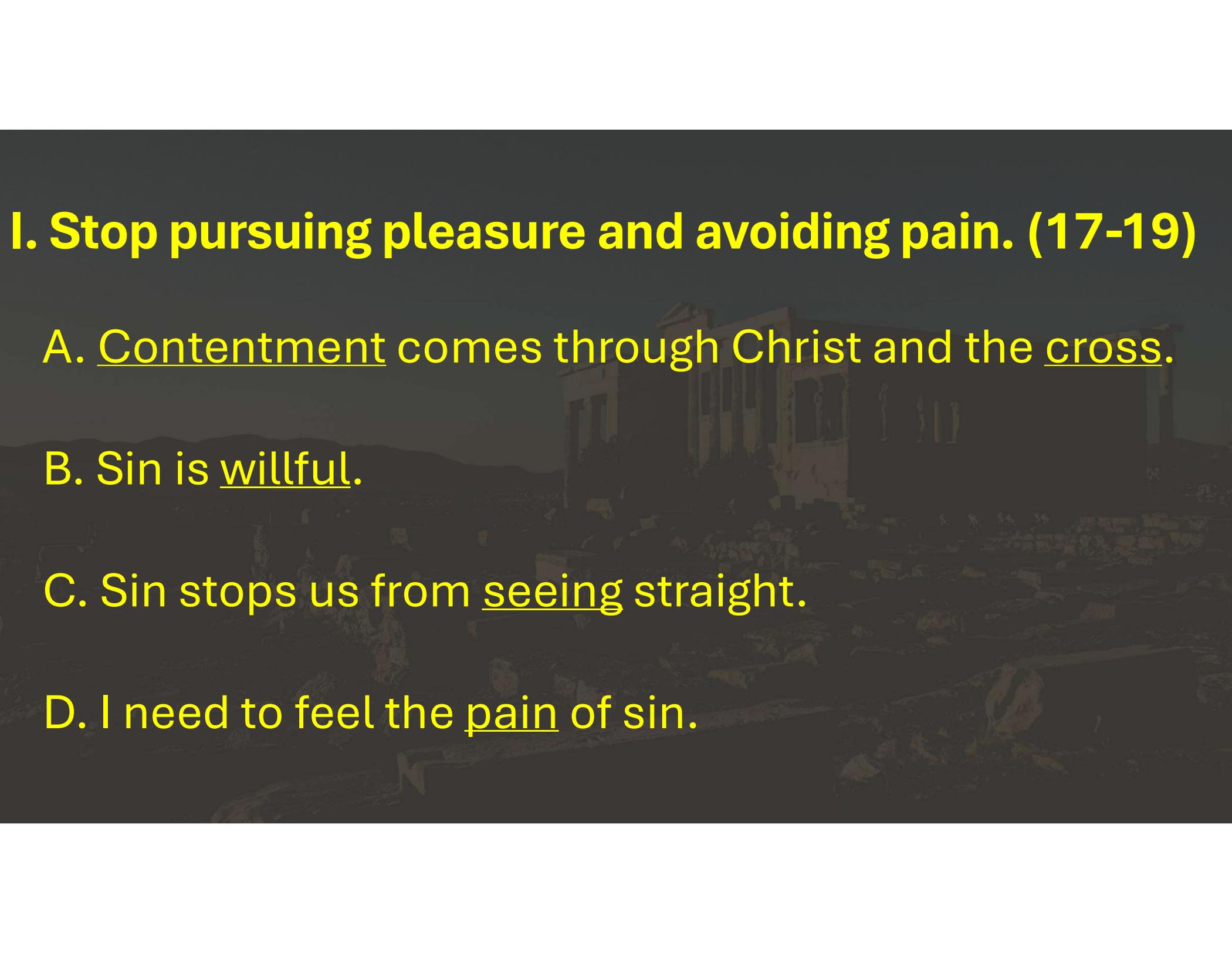




# EPHESIANS

**Put On Christ**  
Ephesians 4:17-24



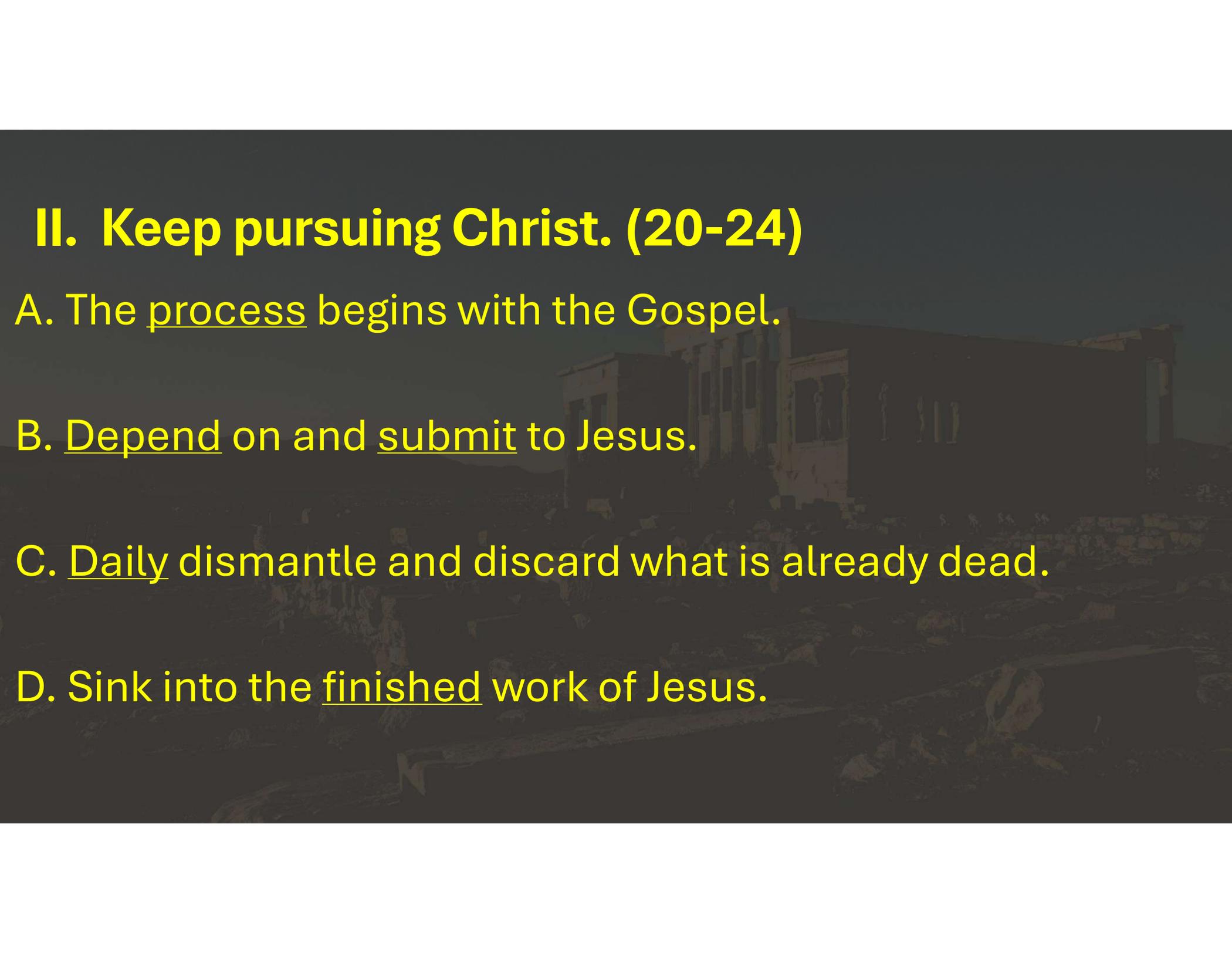
# I. Stop pursuing pleasure and avoiding pain. (17-19)

A. Contentment comes through Christ and the cross.

B. Sin is willful.

C. Sin stops us from seeing straight.

D. I need to feel the pain of sin.



## II. Keep pursuing Christ. (20-24)

A. The process begins with the Gospel.

B. Depend on and submit to Jesus.

C. Daily dismantle and discard what is already dead.

D. Sink into the finished work of Jesus.



## *Main Idea*

Keep coming to the cross  
and find contentment in Christ.