EPHESIANS

Toward Us

Eph. 1:19-23 & Col. 1:15-23

I. God’s disposition toward believers is revealed in Christ.

A. In Christ, I am <u>loved</u> by God.

(Eph 1:1-18; cf. Rom. 5:8)

Romans 5:8

But God demonstrates
His own love toward us,
in that while we were yet sinners,
Christ died for us.

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(Eph 1:1-18; cf. Rom. 5:8)

B. In Christ, I have power over **<u>sin</u>** and **<u>death</u>**.

(v.20; cf. Rom. 8:12-13)

Romans 8:12-13

So then, brethren, we are under
no obligation to the flesh,
to live according to the flesh—
for if you are living according to the flesh,
you must die;
but if by the Spirit
you are putting to death the deeds of the
body, you will live.

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C. In Christ, I have strength to **<u>resist</u>** the devil's spiritual attacks.

(v.21; 2:6; 6:10-12)

II. Union with God (that Adam lost) is restored in Christ.

A. As the head, Jesus fills, builds, and **provides** for His body. (v.22-23; cf. 1:10; 4:10-12)

B. Discover how **vital** Jesus is to daily living. (Col. 1:15-18)

C. The Creator is our **Brother**. (v.19-20)

III. Let the peace of Christ reign in your life.

A. Consider how **undeserving** and unable each of us is. (v.21)

B. Consider how God **sees** you, in Christ. (v.22)

C. **Respond** by putting on Christ. (v.23; Eph. 4:23-24)

Main Idea

As I learn
who I am in Christ,
my confidence and peace increase.